



WOMEN'S RETREAT

~ AWAKEN ~

Spring is here. The season of hibernation is over.
As the days lengthen, our energy increases, & so does our desire to create,
clean up & refresh our lives.

- Would you like to make some changes in your life?
- Have you had a project or dream sitting on the shelf too long?
- Would you love some encouragement & help to clarify your dreams & to get started?

This one day retreat is for women who:-

- Want to live more deeply, more passionately, more truthfully & in touch with themselves
- Know that with a little help & guidance, they could feel more free & content in their lives.

Join us for a day of laughter, wisdom, conversation, connection & community.
Join us as we clarify our dreams & find ways to make them a reality.

Facilitated by group leader, educator & coach, Chandu Bickford,
this day will be gentle, inspiring, warm, nurturing & fun.

DATE: 9th September 2017 from 9.30am – 5pm

Venue: Blue Labyrinth Bush Retreat 30 park Road Woodford NSW

Cost: \$135 (\$95 concession) includes a nourishing lunch, all refreshments & all resources.

For more info & Bookings contact Chandu Ph: 0487 80 80 30 or Chandu.bickford@gmail.com